

## ABSTRACT

A therapy apparatus includes a container having an interior volume and having an opening providing access to the interior volume and massaging elements freely located in the interior volume of the container. Each massaging element has a generally spherical exterior and has multiple protrusions projecting from its generally spherical exterior. A patient who inserts his hand into the container through the opening and moves his fingers among the massaging elements is stimulated by massaging elements contacting his fingers both at the front and at the back of the hand.